

Mini Turkey Pot Pies

Ingredients:

- 1/2 medium onion
- 1/4 cup butter (1/2 stick), melted
- 1/4 cup flour
- 1¹/₂ cups chicken stock
- 1 tsp finely chopped fresh thyme leaves
- 1 garlic clove, pressed
- 1/2 tsp salt

- 1/4 tsp ground black pepper
- 1 cup frozen mixed peas and carrots, thawed
- $1\frac{1}{2}$ cups diced cooked turkey
- 1/2 cup 2% milk
- 1 pkg (14.1 oz or 399 g) refrigerated pie crusts (2 crusts), softened according to package directions

Directions:

- Preheat oven to 375°F (190°C). Finely chop onion using Food Chopper. Add butter and flour to (4-qt./3.8-L) Casserole; whisk until smooth using Silicone Flat Whisk. Cook over medium-high heat 4-6 minutes or until mixture is light golden brown, whisking occasionally. Add stock, whisking constantly until smooth. Add thyme, pressed garlic, salt and pepper to Casserole. Simmer, uncovered, 4-6 minutes or until sauce is thickened. Remove from heat. Stir in onion, mixed vegetables, turkey and milk. Set aside.
- Unroll one crust onto lightly floured surface. Cut out three 5-in. (13-cm) circles using Pastry Cutter. With remaining dough, cut out six designs using Creative Cutters. Repeat with remaining crust. Place Mini Pie Pans onto Large Sheet Pan. Place crust circles into pans, pressing up sides and over edges. Place creative cutter designs onto sheet pan. Bake 16-18 minutes or until crusts are light golden brown.
- 3. Divide filling evenly into baked pie shells. Bake an additional 10-12 minutes or until filling is heated through. Top with designs and serve warm.

Yield: 6 servings

Nutrients per serving: Calories 390, Total Fat 23 g, Saturated Fat 11 g, Cholesterol 55 mg, Sodium 690 mg, Carbohydrate 32 g, Fiber 1 g, Protein 16 g

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